

## MEASUREMENT CHART

MEN'S SHIRTS, POLOS, OUTERWEAR - FLEECEIES, JACKET, WET WEATHER JACKET & FREEZERWEAR JACKET											
SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	8XL
TO FIT NECK	34/35	36/37	38/39	41/42	43/44	46/47	48/49	51/52	53/54	55/56	59/60
TO FIT CHEST	87	92	97	102	107	112	117	122-127	132-137	142-147	162-167

TROUSERS, SHORTS (REGULAR)												
SIZE	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R
TO FIT WAIST	67	72	77	82	87	92	97	102	107	112	117	122
INLEG	70	73	76	79	81	83	84	85	86	86	87	87

TROUSERS, SHORTS (STOUT)														
SIZE					87ST	92ST	97ST	102ST	107ST	112ST	117ST	122ST	127ST	132ST
TO FIT WAIST					87	92	97	102	107	112	117	122	127	132
INLEG					71	74	76	78	81	82	82	84	85	85

TROUSERS (LONG)					
SIZE	74L	79L	84L	89L	94L
TO FIT WAIST	74	79	84	89	94
INLEG	82	82	85	87	89

COVERALLS & ROUGHALLS (REGULAR)												
SIZE	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R
TO FIT CHEST	77	82	87	92	97	102	107	112	117	122	127	132
INLEG	73	77	77	78	78	83	84	86	88	88	90	90

COVERALLS & ROUGHALLS (STOUT)														
SIZE					87ST	92ST	97ST	102ST	107ST	112ST	117ST	122ST	127ST	132ST
TO FIT CHEST					97	102	107	112	117	122	127	132	137	142
INLEG					74	74	75	77	79	82	83	83	85	87

COVERALLS & ROUGHALLS (LONG)					
SIZE	74L	79L	84L	89L	94L
TO FIT CHEST	87	92	97	102	107
INLEG	84	85	88	90	92

FREEZERWEAR PANTS											
SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	8XL
TO FIT WAIST	67-72	77	82	87	92	97	102	107	112	117-122	132-137
INLEG	78	79	80	81	82	82	82	83	83	84	84

UNISEX DUSTCOATS, JAC SHIRT AND HOSPITALITY JACKETS													
SIZE	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	8XL
TO FIT CHEST	77	82	87	92	97	102	107	112	117	122-127	132-137	142-147	162-167

UNISEX ELASTIC PANTS											
STOCK SIZE	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
WOMENS EQUIVALENT SIZES	6-8	10	12	14-16	18-20	22-24	26-28	30-32	34-36	38-40	42-44
TO FIT WAIST	62-67	72	77	82-87	92-97	102-107	112-117	122-127	132-137	142-147	152-157
INLEG	74	75	76	77	78	79	80	81	81	81	81

VEST											
SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	8XL
TO FIT CHEST	87	92	97	102	107	112	117	122-127	132-137	142	147-152

HEADWEAR - HATS & CAPS					
SIZE	XS	S	M	L	XL
TO FIT HEAD	54	56	58	60	62

WOMENS SHIRTS AND PANTS										
SIZE	6	8	10	12	14	16	18	20	22	24
TO FIT BUST	80	85	90	95	100	105	110	115	120	125
TO FIT WAIST	62	67	72	77	82	87	92	97	102	107
LOW WAIST (4CM BELOW NATURAL WAISTLINE)	69	74	79	84	89	94	99	104	109	114
HIP (20CM BELOW WAISTLINE)	87	92	97	102	107	112	117	122	127	132

MATERNITY SHIRTS AND PANTS										
SIZE	6	8	10	12	14	16	18	20	22	24
TO FIT BUST	85	90	95	100	105	110	115	120	125	130
TO FIT UNDER BELLY	74	79	84	89	94	99	104	109	114	119
TO FIT HIP	92	97	102	107	112	117	122	127	132	137

## MEASUREMENT CHART

FLAMEBUSTER WOMENS SHIRTS AND PANTS										
SIZE	6	8	10	12	14	16	18	20	22	24
TO FIT BUST	80	85	90	95	100	105	110	115	120	125-130
TO FIT WAIST	62	67	72	77	82	87	92	97-102	107-112	117
LOW WAIST (4CM BELOW NATURAL WAISTLINE)	69	74	79	84	89	94	99	104-109	109-114	124
HIP (20CM BELOW WAISTLINE)	87	92	97	102	107	112	117	122-127	132-137	142

WOMENS HOSPITALITY JACKETS & PHARMACY/ DENTIST JACKETS										
SIZE	6	8	10	12	14	16	18	20	22	24
TO FIT BUST	80	85	90	95	100	105	110	115	120	125
TO FIT WAIST	62	67	72	77	82	87	92	97	102	107
HIP (20CM BELOW WAISTLINE)	87	92	97	102	107	112	117	122	127	132

KIDS SHIRTS, POLOS, SHORTS, PANTS, ROUGHALLS, VEST								
SIZE	0	2	4	6	8	10	12	14
TO FIT CHEST	54	58	60	64	68-72	76-80	84-88	92
WAIST	50	54	56	58	60	64	68	-
HEIGHT	76	95	114	128	140	152	164	-

KID'S VEST				
SIZE	0-2	4-6	8-10	12-14
TO FIT CHEST	54-59	60-66	67-74	75-80

KID'S GOWN			
SIZE	S	L	2XL
AGE GROUP	0-4	5-12	13+
TO FIT CHEST	48-60	61-80	81+

KID'S PAJAMAS			
SIZE	S	M	L
AGE GROUP	1-3	4-6	8-10
TO FIT CHEST	52-56	58-68	72-82

FLAMEBUSTER WILDLAND FIRE - FIGHTING JACKET												
SIZE	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
TO FIT CHEST	77	82	87	92	97	102	107	112	117	122	127	132

FLAMEBUSTER WILDLAND FIRE - FIGHTING TROUSER (REGULAR)												
SIZE	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
TO FIT WAIST	57	62	67	72-77	82-87	92-97	102-107	112-117	122-127	132-137	142-147	152-157
INLEG	78	78	78	79	80	81	82	82	82	82	82	83

FLAMEBUSTER WILDLAND FIRE - FIGHTING TROUSER (STOUT)												
SIZE					M	L	XL	2XL	3XL	4XL	5XL	6XL
TO FIT WAIST					82-87	92-97	102-107	112-117	122-127	132-137	142-147	152-157
INLEG					75	76	77	77	77	77	77	78

UNISEX SCRUB TOPS									
STOCK SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WOMENS EQUIVALENT SIZES	2-4	6-8	10-12	14-16	18-20	22-24	26-28	30-32	34-36
TO FIT CHEST		72-77	82-87	92-97	102-107	112-117	122-127	132-137	142-147

UNISEX ELASTIC SCRUB PANTS									
STOCK SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WOMENS EQUIVALENT SIZES	6-8	10-12	14-16	18-20	22-24	26-28	30-32	34-36	38-40
TO FIT WAIST	62-67	72-77	82-87	92-97	102-107	112-117	122-127	132-137	142-147
INLEG	70	73	76	79	80	83	86	88	88

UNISEX MEDICAL WARM-UP JACKET						
SIZE	S	M	L	XL	2XL	3XL
TO FIT CHEST	82-87	92-97	102-107	112-117	122-127	132-137

UNISEX STRETCH SCRUB TOPS									SCRUB TEX
STOCK SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WOMENS EQUIVALENT SIZES	10-12	14-16	18	20	22	24	26-28	30-32	34-36
TO FIT CHEST	72-77	82-87	92	97	102	107	112-117	122-127	132-137

WOMENS STRETCH SCRUB TOPS									SCRUB TEX
STOCK SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WOMENS NUMERIC SIZES	6-8	10	12	14	16	18	20	22-24	26-28
TO FIT BUST	82-87	92	97	102	107	112	117	122-127	132-137

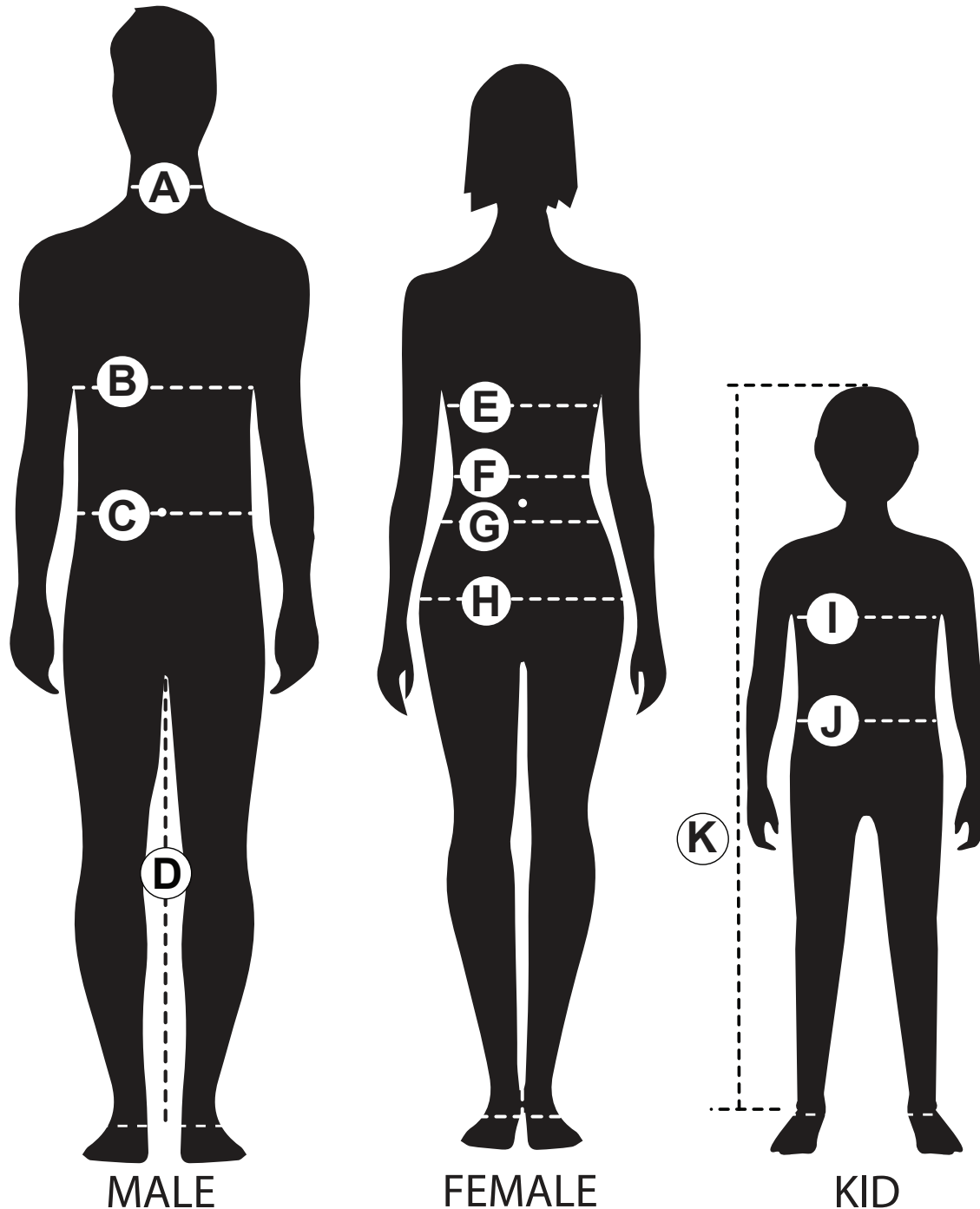
UNISEX STRETCH SCRUB PANTS									SCRUB TEX
STOCK SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WOMENS EQUIVALENT SIZES	6	8	10-12	14-16	18-20	22-24	26-28	30-32	34-36
TO FIT WAIST	62	67	72-77	82-87	92-97	102-107	112-117	122-127	132-137

BARRIER SURGICAL GOWN		
STOCK SIZE	S	M
TO FIT WAIST	87-107	112-152

\* CHECK CATALOGUE STYLES FOR AVAILABLE SIZES

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## HOW TO MEASURE YOURSELF



### MALE/ UNISEX

#### A) NECK

Measure around your neck at collar level. Keep one finger between the measuring tape and neck.

#### B) CHEST

Standing naturally, measure around the fullest part of the chest, keeping the tape at under arm level. Keep one finger between tape and body

#### C) WAIST

Measure around waist keeping one finger between tape and body. Measure at the navel.

#### D) INLEG

Measure the inside leg from the crotch to top of the heel of the shoe.

### FEMALE

#### E) BUST

Standing naturally, measure around the fullest part of the chest / bust, keeping the tape at under arm level.

#### F) WAIST

Measure around the waist, placing one finger between tape and body. Measure above the navel, at the narrowest part of your waist.

#### G) LOW WAIST

Measure around the waist, placing one finger between tape and body. Measure 4cms below your navel.

#### H) HIPS

Standing naturally, measure around the fullest part of the hips. Keeping the tape level and straight. Placing one finger between tape and body.

### KID

#### I) CHEST

Standing naturally, measure around the fullest part of the chest, keeping tape under arms and around shoulder blades.

#### J) WAIST

Measure around the smallest part of the child's waist, keeping one finger between tape and body.

#### K) HEIGHT

Standing with feet together and back to a wall. Measure from heel to the top of the head.

### MEASURING TIPS

- The above measurements are relating to body measurements in centimeters. These are not garment measurements.
- For best results, ask someone to measure you with a tape measure. Keep the tape tight but not stretched and follow the above instructions.